

Two questions essay



Two questions essay

“To own thyself be true,” is the advice Shakespeare gives us to live our life. However, it is virtually impossible to be true to one’s self if one does not know what their self is. This is exactly why J. D. Moyer emphasizes finding out about one's self in his essay, *Getting to Know Yourself, Finally*. For this purpose, he poses seven incredibly important questions to his readers in the hopes that he can motivate them to get to know themselves. In this context, the two questions that are most meaningful to me are “What is my life purpose?” and “What are my personal values? Friendship? Family? Learning? Service?”

First of all, let’s have a look at what my purpose in life is. I believe that this is an incredibly important question that most people are unable to answer throughout their lives. Moyer mentions that “To live your life ‘on purpose’ instead of by inertia means more happiness, more clarity, better health, and better relationships” (Moyer, 2019, pg. 492) which makes me believe that my purpose in life is to get to the point where I, and those around me, are truly and genuinely happy. Most of the time, people live their lives by simply being content with what they have, but I wish to achieve true happiness. For myself, the thing that brings me true joy is faith; I like to have faith in something bigger in myself or be a part of something bigger than myself. My husband once told me that without faith, my purpose would be unclear, and, thus, I would be lost in the world, wandering around aimlessly and filled with uncertainty. Thus, my happiness is linked with having faith, not just in myself, but also in the people around me who have all inspired me to see the best in everyone and have hope.

Secondly, I would like to shed some light on my personal values. There are two personal values that I have held close to my heart, ever since I was a child: forgiveness and honesty. These values were instilled into me by my grandparents but even though I have grown up now, I have

held onto these beliefs strongly. In terms of forgiveness, I genuinely believe in forgiving others for their mistakes because it allows me to move on with my life. I believe that holding onto hatred is exhausting and can wear you down to the point that there is nothing left but a gaping hole in your chest. Thus, my forgiving nature is directly linked with my happiness. As far as my honesty is concerned, I value honesty because it allows me to be true, not just to others, but also to myself. I have often been told that I am a bit too honest, but I would rather be honest than be buried by the burden of my lies. In this context, the one thing that has always helped me be honest and forgiving is a prayer verse that my grandparents taught me: “accepting the things you cannot change, the courage to change the things you can, and the wisdom to know the difference.”

Conclusively, I can easily state that the questions of my life's purpose and my values are most meaningful to me as they help me be true to myself. My life's purpose is to achieve true happiness which is something that I can only achieve via having faith in something bigger than myself because having faith is what brings me closest to happiness. In terms of my values, there are two values most important to me: honesty and forgiveness. Honesty allows me to be true to myself while forgiveness allows me to move forward in life. Thus, I can live a fulfilling life if I stick to my faith, forgiveness, and honesty.



References

Moyer, J. (2019). Getting to know yourself, finally. In Hoeffner, L. & Hoeffner, K. (2019).

Common Ground: Integrated reading and writing(pp. 493-494). McGraw-Hill

Education.

